



COLUMBIA-WILLAMETTE  
CHAPTER

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### PRESIDENT'S LETTER



Last week I had lunch with a work colleague. The conversation soon turned from casual to something more tragic. He began to tell me that he was informed earlier in the week that one of his past coworkers had taken her life last weekend. He was trying to rationalize how she could do this and leave children behind. I reminded him that a rational person would not have done this, however someone who is suffering from mental health issues, who takes their own life, is not thinking rationally. As we continued to talk we both remembered all of those we have lost to suicide and how it has affected so many people's lives.

In September we focused on National Suicide Prevention Week and Month, but I challenge everyone to think of every day, week, and month as a need to prevent suicide.

Are you, as a safety professional, asking the tough questions about mental health and suicide prevention in your workplace? Are you working on incorporating these topics into your workplace health and safety plans? Whether you are working on establishing these programs or have already developed them, the November membership meeting will provide further information on the topics of mental health and suicide prevention. Cal Beyer, Director of Risk Management for Lakeside Industries, will be speaking on [“Industries at High Risk for Suicide and What They Are Doing About It”](#). Please do not let this relevant topic pass you by as it may help save someone’s life.

All the Best,

**Royal Willard, CSP, President ASSP CWC**

## OCTOBER CHAPTER MEETING

**Industries at High Risk for Suicide and What They Are Doing About It  
November 14, 2019 | 11:30am to 1pm**



**Cal Beyer**

Learn why suicide prevention is a workplace leadership issue. There were approximately 47,000 suicides in 2018 in the US. The rate of suicide in the US has grown by over 30% since 1999. Increasingly, companies are learning how to incorporate mental health and suicide prevention into safety, health, and wellness programs. Progressive companies are successfully addressing mental health and suicide prevention and delivering positive outcomes for employees and the business.

## Learning Objectives:

- Why mental health and suicide prevention are the next frontier in safety
- Apply the LEARN® Saves Lives suicide prevention model for uses at work, home and community
- How to initiate conversations and meaningful dialogue focused on outcomes
- Share tools, techniques, and resources relating to suicide prevention, including “Pocket Packets”

**REGISTER**

**Did You Miss Last Month's Chapter Meeting? We've Got You Covered!**

[Download Audio To Listen Now](#)

**LOG-IN TO ASSP COMMUNITIES**



**Members from around the world are logging into the ASSP Community and starting to generate discussions on a variety of OSH-related topics. ASSP Community allows you to establish yourself as a digital thought leader at a society-wide level. This is your opportunity to share relevant content to the safety community, participate in groups within your interests and industry, and grow your connections. Log in today and join the conversation!**

### **To log-in:**

1. Log-in with your ASSP website username and password
2. Upload a profile picture so other safety professionals know who you are.
3. Check that all the information is current on your profile and update it as needed.
4. Visit the How to Use ASSP Community for helpful tips and tutorials.

## OTHER ANNOUNCEMENTS



### [Chelsea Hicks Foundation](#) | Chelsea's Closet

*Inspiring hope and healing to seriously-ill children through therapeutic dress up and play.*

Chelsea's Closet is a rolling dress-up closet that provides monthly dress-up parties for seriously ill children in children's hospitals. Our goal is to bring a smile to their faces and joy to their hearts and have them forget – if just for a few moments – the struggles they are facing.

We will be collecting NEW costumes/financial donations at our [November Chapter Meeting](#) for the Chelsea Hicks Foundation.



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### [Excavation Safety Competent Person PDC](#)

November 22, 2019 | Lake Oswego, OR

Cave-ins and other excavation hazards are one of the leading causes of deaths and injuries on construction sites. This course can help ensure the safety of anyone who works in or around excavations by ensuring that the competent person has the skills and knowledge needed to identify hazards and take corrective action. This one-day course covers the latest industry practices and regulatory requirements.

0.7 Certified Safety Professionals credit

REGISTER

## CONGRATULATIONS!

Did you recently achieve a new certification? Do you know of someone who deserves recognition? Send us an [email](#).

## WELCOME - NEW & RETURNING MEMBERS!

### Need to renew your membership?

Click to view a [video](#) on how to renew on the new ASSP website or [here](#) to be taken to the renewal page.

## ASSP MEMBER-GET-A-MEMBER PROGRAM

### How It Works

The more of your friends who join, the more you get rewarded

- **Refer 3** friends and receive one FREE ASSP webinar
- **Refer 5** friends and receive a FREE 1-year extension of your ASSP membership
- **Refer 10** friends and receive an ASSP polo shirt + one FREE ASSP seminar (amount not to exceed \$350)

## Grand Prize\*

For every new paid member you sponsor from January to December 2019, you will receive an entry in our grand prize drawing for a trip to ASSP's annual professional development conference. This reward includes:

- Full conference registration
- Three nights hotel accommodations at an ASSP conference hotel
- \$250 AMEX card to use for expenses

*\*Grand prize not to exceed \$2,000 USD.*

## CONFERENCES

### [2019 Western Pulp, Paper, and Forest Products Safety & Health Conference](#)

**December 3-6, 2019 | Portland, OR**

For more details and to register online  
visit: <https://osha.oregon.gov/conferences/western/>

### [2020 Puget Sound ASSP Professional Development Conference](#) **May 8, 2020 | Ellensburg, WA**

For more details and to register online visit [www.PugetSoundPdc.com](http://www.PugetSoundPdc.com).  
**CEU's** – Attendees will receive 0.6\* Continuing Education Unit (CEU) Credits for attending the PDC (\*pending approval).

## UPCOMING EVENTS

### Upcoming Chapter Meetings

- November 12 - Santiam Section Meeting | [Wellness, A Case Study](#)
- November 14 - CWC Chapter Meeting | [Industries at High Risk for Suicide and What They Are Doing About It](#)
- November 21 - St Helens Section Meeting | [TBD](#)
- December 6 - St Helens Section Holiday Party | [TBD](#)
- December 10 - Santiam Section Meeting | [Member Appreciation](#)
- December 12 - CWC Chapter Meeting | [Safety Accountability](#)/Past Presidents and Long Service Recognition

## Upcoming PDCs

- November 22 - [Excavation Safety Competent Person](#)

## Construction Safety Summit

The 4th Tuesday of each month

[www.constructionsafetysummit.com](http://www.constructionsafetysummit.com)

- November 19 - [Testimony a Real Life Story](#)
- December 17 - [Member Vendor Appreciation](#)

## ASSP Foundation | Scholarships and Grants

- December 1 - [Applications Due](#)



If you do not wish to receive these emails, please [click here](#) to unsubscribe from ASSP Columbia-Willamette Chapter messages.

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