



COLUMBIA-WILLAMETTE
CHAPTER

February Newsletter

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CHAPTER MEETING | NO-COST WEBINAR

**RISK MANAGEMENT AND SAFETY:
HOW COVID-19 HAS CHANGED OUR WORK**
February 18, 2021 | 11:30am - 1:00PM



COLUMBIA-WILLAMETTE
CHAPTER

Topic: Risk Management and Safety: How COVID-19 has changed our work

This session will feature a panel to discuss how COVID-19 has changed how Safety and Risk Management professionals conduct business. The panel will discuss challenges in doing business during a pandemic and share lessons learned. This meeting is a joint meeting between the Columbia Willamette Chapter of the American Society of Safety Professionals (ASSP) and the Oregon Chapter of Risk Management Society (OR RIMS).

How to Register:

You are invited to a Zoom meeting. When: February 18, 2021 at 11:30 AM Pacific Time (US and Canada)

Register in advance for this webinar: <https://zoom.us/meeting/register/tJ0kd-vrj8uHNyGLWi-7x7qF14-K-VLxEfA>

After registering, you will receive a confirmation email containing information about joining the meeting.

MORE INFORMATION

NOMINATIONS/ELECTIONS COMMITTEE

ASSP-CWC elections are fast approaching. Please see below for the nominees. You can expect to see an e-ballot from society on March 8th and the election will remain open until April 2nd.

Automatic Succession



President
Dede Montgomery



President-Elect
Jimmy Gibbons



Treasurer
Rob Dahl



1st Past President / House Delegate - 1
Mark Frisco



2nd Past President
Royal Willard
*unable to serve at the chapter level due to
Regional VP position*

Uncontested Positions



Vice President
Steven Frost



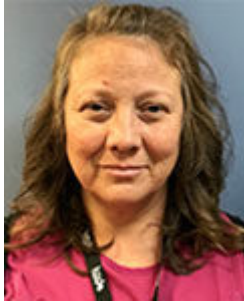
Secretary
Terra Wheeler



Treasurer-Elect
Soren Bjerregaard

Contested Positions

Delegate at Large Nominees



Peche Barteaux
Delegate at Large Nominee



Peri Periakaruppan
Delegate at Large Nominee



Mike Rochlin
Delegate at Large Nominee

House Delegate Nominees



Kerry Byun
House Delegate Nominee



Deb Bridges
House Delegate Nominee



Jill Jones
House Delegate Nominee



Katelynn Smith
House Delegate Nominee

For more information visit: <https://cwc.assp.org/2020/10/2020-2021-assp-cwc-nominations-elections-committee/>

PROFESSIONAL MEMBERSHIP DUES GRANT

With COVID-19 continuing to effect our families and careers the chapter wanted to put together the opportunity to support our members with their membership dues. There are 2 avenues to take for hardship assistance. We ask that you first try Society's option and if that does not provide the resources needed please then fill out our Chapters Application.

1. Fill out [Society's Hardship Application](#)
 1. The Society offers a year's complimentary membership during a member's unemployment that comes with all the benefits ASSP membership provides.
2. If Society is unable to provide funding fill out the Chapters Grant Application for Dues Assistance
 1. The chapter has set aside an amount in the budget to help cover the baseline membership dues. Please fill out the [grant application](#), if needed, and return to sponsorship@cwc.asse.org

PRESIDENT'S LETTER



As I look out the window of my office at the Spring-like conditions here in Eastern Oregon and then realize it's only early-February, it dawns on me this was the time last year when we started hearing about just another epidemic in China. Little did we know then how all our lives would be soon up-ended, directly or indirectly, and stay that way indefinitely. As more and more people get vaccinated, it's my hope and prayer we can all soon safely get back to what we used to know, or at least closer to it.

And that leads me to my first topic. Although not a PDC, Dede Montgomery, President-Elect, has joined forces with the Oregon State Association of Occupational Health Nurses to provide a series of short panel discussions on where we go next with COVID-19. The Chapter sees the value in this type of conversation as we try to figure out what is next for society and our profession and has given its full support. The first one is Tuesday, February 9th; however, they will be temporarily available through a YouTube link if you miss it. Registration information can be found in your email and this newsletter.

Every year we support an OSHA-10 given to Tigard High School graduates. Aubrey Sakaguchi will be leading this class in mid-April and is looking for adjunct instructors. If you are interested, I'd love to get you in contact with Aubrey.

Have a great rest of your month.

All the Best,

Mark Frisco, CSP, *President ASSP CWC*

2021 SPY AWARD

**2021 "SPY" AWARD
CHAPTER SAFETY PROFESSIONAL OF THE YEAR**

Deadline for Nominations: March 29, 2021

In general, the professional deserving of recognition as a leader in safety will have contributed to the establishment, improvement, and/or advancement of the safety profession in the Columbia-Willamette Chapter geographical area including Mt. St. Helen's and Santiam sections.

Eligibility: To constitute nominee eligibility, all of the following criteria must be met:

- Professional Member, Member, or Associate Member of the Society
- Member of the Columbia-Willamette Chapter
- Employed full time in the safety and health profession
- Not a SPY award recipient in the past five years

Additional Criteria: Nomination should be based primarily on the nominee's activity over the past 5 years, with special emphasis on the more recent activities. Professional achievement and contributions in the following categories will be considered.

- ASSP and or Chapter involvement
- Professional employment
- Community and public service
- Educational institutions
- Regulatory agency and technical organization
- Other pertinent achievement and contribution

Achievement and contributions in the above categories include, but are not limited to, exemplary leadership, technical proficiency, professional mentoring, lectures/presentations, publications, program development, innovations, and other related activities.

Nomination Form: To receive a nomination form, please contact Barbara Aguon at **503-720-1153** or email barbara.aguon@portlandoregon.gov

The nomination form must be completed in its entirety. Additional comments must be limited to two pages.

UPCOMING EVENTS

Upcoming Chapter Meetings

- February 9 - Santiam Section Meeting | [Respiratory Protection – Brandi Davis / Oregon OSHA](#)
- February 11 - Chapter Meeting | Rick Management and Safety: How COVID-19 has changed our work (*additional information TBD*)
- February 18 - Mt. St. Helens Section Meeting | [Topic TBD](#)
- March 9 - Santiam Section Meeting | [Topic TBD](#)
- March 11 - Chapter Meeting | Topic TBD
- March 18 - Mt. St. Helens Section Meeting | [Topic TBD](#)

Construction Safety Summit

The 4th Tuesday of each month | www.constructionsafetysummit.com

- February 23 - [SIF AGC](#)
- March 23 - [Hazard Recognition](#)

ASSP RESPONDS TO COVID-19

COVID-19 Education and Resources

- ASSP President's message: [The State of Our Society](#)
- Visit [our library](#) of COVID-19 webinars.
- Learn return to work strategies on [our podcast](#) with ASSP President-Elect Deb Roy. For a list of recent podcasts: <https://www.assp.org/resources/covid-19/podcasts>
- Connect with peers in the [ASSP Community](#) to ask questions and share COVID-19 resources.
- Please visit [our website](#) regularly for new information

MENTAL HEALTH RESOURCES

LINES FOR LIFE | BEHIND THE LINES

We Care About Your Health

It's normal to feel anxiety and uncertainty about a widespread health concern in our community like COVID-19, and to be upset or anxious about changes and interruptions to everyday life.

All of our crisis lines are operating as usual, and seeking support over the phone is a great way to practice social distancing.

If you or a loved one are experiencing a mental health crisis,

- call the Lifeline at 1-800-273-8255

If you are 55 or older and feeling isolated or just want to have a friendly conversation,

- call the Senior Loneliness Line at 503-200-1633

If you are 21 or younger and want support for any problem, big or small,

- call YouthLine at 1-877-968-8491 or text teen2teen to 839863

Taking Care During Crisis

It's important to manage anxiety, cope with uncertainty, and stay grounded in truth as the situation unfolds. Here are some tips for taking care during this difficult time:

- 7 Science-Based Strategies to Help Cope with Coronavirus Anxiety
- CDC Tips for Mental Health and Coping During COVID-19 (includes a section for parents about how to support children)
- Reach out to your mental health provider(s) or call our lines for extra support.

Finding Reliable Information

Keep in mind that limiting information-seeking may be beneficial to your mental health.

- Consult trusted sources for the best information - we recommend our partners
 - Oregon Health Authority
 - Centers for Disease Control
- Avoid sensational news reports.

JOB OPENINGS



EHS Specialist

Empower Associates | Forest Grove, OR

Our client is a growing and stable chemical manufacturing company, located in Forest Grove, OR, is seeking an EHS Specialist to join their team on a direct hire basis. We have worked with them for over 7 years, and everyone we have placed there is enjoying a fulfilling career with advancement and opportunity. This EHS Specialist position offers a supportive and productive work environment, great benefits, fair pay, and healthy work-life balance. They focus on safety and expanding the knowledge of the employee's duties and how the plant operates.

Safety Consultation Services

Oregon Metro | Portland, OR

Metro operates two solid waste transfer stations, two household hazardous materials recycling centers, a latex paint recycling center. As such, Metro has contracted for safety, health and environmental services to supplement the efforts of the in-house safety staff. Contracted services have included; hazardous waste and emergency response operations training (HAZWOPER), with annual refresher with emergency response drills and incident command training. Contractors have also provided asbestos awareness training and industrial hygiene services to include; noise levels monitoring, potential employee exposure monitoring, and the evaluation of emissions sources for new and existing process equipment.

Safety Officer

City of Vancouver | Vancouver, WA

Under the direction of the Risk and Safety Manager, lead, manage, develop and implement comprehensive safety and health programs for City employees. Interpret complex state and federal safety laws and policies. Interact with management and employees in City departments, and act as a technical advisor on safety issues.

Health Compliance Officer

Oregon OSHA - Department of Consumer & Business Services | Salem, OR

This position is with the Oregon Occupational Safety and Health Division (Oregon OSHA). Oregon OSHA is responsible for assuring safe and healthful working conditions for Oregon workers through promulgation and enforcement of Occupational Safety and Health Regulations, and by providing education and consultation to employees and employers.

Health Compliance Officer

Oregon OSHA - Department of Consumer & Business Services | Tigard, OR

This position is with the Oregon Occupational Safety and Health Division (Oregon OSHA). Oregon OSHA is responsible for assuring safe and healthful working conditions for Oregon workers through promulgation and enforcement of Occupational Safety and Health Regulations, and by providing education and consultation to employees and employers.

Is your company looking for a qualified Safety Professional? Contact Aubrey Sakaguchi, ASP by [email](#), by phone at **(503) 673-5356**, or by fax at **(503) 584-9698** to have your opening posted here.

CONGRATULATIONS!

Congratulations

Did you recently achieve a new certification? Do you know of someone who deserves recognition? Send us an [email](#).

CONFERENCES

2021 Puget Sound ASSP Professional Development Conference

May 6, 2021 | Virtual Event

In terms of logistics, all 2020 PDC registrations will be rolled over to the 2022 PDC in Ellensburg and everyone who was registered for the 2020 event will receive complimentary admission to the 2021 Virtual PDC.

Call For Speakers - The 2021 PDC is currently accepting applications for presentations. [Download a PDF application - Click Here](#). (To request a copy in word, e-mail safety@pugetsoundpdc.com)

[To register by mail or fax, download a PDF Registration Form - Click Here](#)

Group Discounts - Additional discounts are available for Groups of 4+ attendees, Save \$100, email safety@pugetsoundpdc.com for more details.

If you have any questions on the Puget Sound ASSP PDC, you can e-mail us at safety@pugetsoundpdc.com, fill out the [contact form on our website](#), or call Erika May directly at 661.472.6591.

Northwest Safety & Health Summit by Region X VPPPA

May 18-20, 2021 | Boise, ID

Mark your calendar for the next Northwest Safety & Health Summit on **May 18-20, 2021**, at the Three Rivers Convention Center in Kennewick, Washington.

WELCOME - NEW & RETURNING MEMBERS!

The word "welcome" is written in a large, elegant, black cursive script. The letters are fluid and connected, with a slight shadow or outline effect, giving it a hand-drawn or artistic feel.

Need to renew your membership?

Click to view a [video](#) on how to renew on the new ASSP website or [here](#) to be taken to the renewal page.

SHARE THE VALUE OF AN ASSP MEMBERSHIP

ASSP Member-Get-A-Member Program

Do you have friends, colleagues and associates who would find value in ASSP membership? Tell them about ASSP by using our [Refer-A-Friend e-mail tool](#). Simply address and send the ready-made e-mail message below.

The more of your friends who join, the more you get rewarded:

	REFER 3	REFER 5	REFER 10
FREE On-Demand Webinar	X	X	X
FREE 1-Year Membership Extension		X	X
FREE Polo Shirt & FREE ASSP Course			X

Grand Prize Drawing**: For every new paid member you sponsor from January to December, you will receive an entry in our grand prize drawing for a trip to ASSP's annual professional development conference. This reward includes:

- Full conference registration
- 3 nights hotel accommodations at an ASSP conference hotel
- \$250 AMEX card to use for expenses

**Grand prize not to exceed \$2,000 US. Group memberships excluded. ASSP course not to exceed \$350.

E-mail your friends and colleagues now!

[Refer A Friend Today](#)

LOG-IN TO ASSP COMMUNITIES



Members from around the world are logging into the ASSP Community and starting to generate discussions on a variety of OSH-related topics. ASSP Community allows you to establish yourself as a digital thought leader at a society-wide level. This is your opportunity to share relevant content to the safety community, participate in groups within your interests and industry, and grow your connections. Log in today and join the conversation!

To log-in:

1. Log-in with your ASSP website username and password
2. Upload a profile picture so other safety professionals know who you are.
3. Check that all the information is current on your profile and update it as needed.
4. Visit the How to Use ASSP Community for helpful tips and tutorials.



If you do not wish to receive these emails, please [click here](#) to unsubscribe from ASSP Columbia-Willamette Chapter messages.

American Society of Safety Professionals | 520 N. Northwest Highway, Park Ridge, IL 60068