



COLUMBIA-WILLAMETTE
CHAPTER

March Newsletter

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CHAPTER MEETING | NO-COST WEBINAR

**EARTHQUAKE SCIENCE AND TECHNOLOGY:
EARLY WARNING SYSTEMS AND DETECTION**
March 11, 2021 | 11:30am - 1:00PM



Josh Bashioum
Founder & CEO, Early Warning Labs



Steve Eberlein
Corporate Resilience and
Engagement Manager, Ethos

Topic: Earthquake Science and Technology: Early Warning Systems and Detection

Earthquake Early Warning systems are operational in several countries around the world, including Mexico, Japan, Turkey, Romania, China, Italy, and Taiwan. The west coast of the US is the newest entrant with full public and private availability in California. Oregon's entry on March 11th and Washington's in May is a watershed moment in our ability, as citizens and safety professionals, to mitigate the impact of a major earthquake. The onus is now on us to employ ShakeAlert's capabilities to keep our families, assets, and enterprises prepared for the inevitable seismic events that await us. This program is an opportunity to ask the basic questions and to imagine aloud the benefits of this game-changing technology. The program will include:

Earthquakes 101 – The Anatomy of California and Pacific Northwest Earthquakes.

- *The difference between the San Andreas Fault System and the Cascadia Subduction Zone*
- *The correlation between fault length and magnitude*
- *The roles that magnitude, distance and soil play in our earthquake experience*

ShakeAlert

- *The difference between earthquake prediction, earthquake forecasting, and Earthquake Early Warning*
- *What a ShakeAlert is and how it's produced*

Earthquake Early Warning applications and availability

- *ShakeAlert apps and personal protection*
- *ShakeAlert automated capabilities*
- *ShakeAlert workplace applications*
- *Geographic availability*

How to Register:

You are invited to a Zoom meeting. When: March 11, 2021 at 11:30 AM Pacific Time (US and Canada)

Register in advance for this webinar: <https://zoom.us/meeting/register/tJYtdugrDluGdAan1YBmATsvb7Kr8vyU4tG>

After registering, you will receive a confirmation email containing information about joining the meeting.

MORE INFORMATION

NOMINATIONS/ELECTIONS COMMITTEE

As a member of the Columbia-Willamette Chapter of ASSP, you are entitled to vote for your elected leaders for the next chapter year. Voting will be open March 4, 2021 - April 2, 2021 at 5:00 p.m.

You should have received an email March 4th that contains a link to your ballot. It will come from **Corinna Kupelwieser | invites@mailer.surveygizmo.com**

Please check your spam folder if you don't see it in your inbox....and please vote! Through the work of our excellent nominations committee, we have great candidates for all positions. Thank you all for stepping up to support the chapter.

Special thanks to the committee members for your work this year:

Paula Jones

Guy Silvey

Brittany Johnson

Luke Betts

Automatic Succession



President
Dede Montgomery



President-Elect
Jimmy Gibbons



Treasurer
Rob Dahl



1st Past President / House Delegate - 1
Mark Frisco



2nd Past President
Royal Willard
*unable to serve at the chapter level due to
Regional VP position*

Uncontested Positions



Vice President
Steven Frost

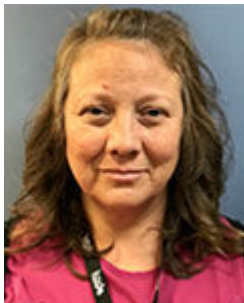


Secretary
Terra Wheeler

Treasurer-Elect
Soren Bjerregaard

Contested Positions

Delegate at Large Nominees



Peche Barteaux
Delegate at Large Nominee



Peri Periakaruppan
Delegate at Large Nominee



Mike Rochlin
Delegate at Large Nominee

House Delegate Nominees



Kerry Byun
House Delegate Nominee



Deb Bridges
House Delegate Nominee



Jill Jones
House Delegate Nominee



Katelynn Smith
House Delegate Nominee

For more information visit: <https://cwc.assp.org/2020/10/2020-2021-assp-cwc-nominations-elections-committee/>

PROFESSIONAL MEMBERSHIP DUES GRANT

With COVID-19 continuing to effect our families and careers the chapter wanted to put together the opportunity to support our members with their membership dues. There are 2 avenues to take for hardship assistance. We ask that you first try Society's option and if that does not provide the resources needed please then fill out our Chapters Application.

1. Fill out [Society's Hardship Application](#)
 1. The Society offers a year's complimentary membership during a member's unemployment that comes with all the benefits ASSP membership provides.
 2. If Society is unable to provide funding fill out the Chapters Grant Application for Dues Assistance

1. The chapter has set aside an amount in the budget to help cover the baseline membership dues. Please fill out the [grant application](#), if needed, and return to sponsorship@cwccasse.org

PRESIDENT'S LETTER



It's been a year now that all our lives changed radically. For most of us, that meant having a crash course in epidemiology and responding to the pandemic to ensure our organizations provided the right protection for our employees and public. For a number of our members, it meant having to try to find other work, sometimes outside of the EHS profession, during a pandemic-caused recession. For all of us, it meant a rapid change in our social network and the need to adopt new social etiquette and morals. Meetings changed from personal interactions to virtual ones. We went from eating out to eating at home. This pandemic has drained us in every way, mentally and emotionally. They say we are not out of the woods yet, and we may very well have another two years of this being an everyday part of our lives, but it seems the clouds are beginning to lift.

What has amazed me through all this is how resilient our profession has been and how multi-faceted our career field is. Few careers have the experience we have of fast learning, training, supply procurement, public/employee relations, and work practice enforcement. We have done this all while still ensuring our folks remained safe in the everyday job tasks they did all the years before our full realization of a pandemic was on our doorstep.

Keep strong, my friends. We have made it this far, and we can finish the task.

All the Best,

Mark Frisco, CSP, *President ASSP CWC*

2021 SPY AWARD

**2021 "SPY" AWARD
CHAPTER SAFETY PROFESSIONAL OF THE YEAR**

Deadline for Nominations: March 29, 2021

In general, the professional deserving of recognition as a leader in safety will have contributed to the establishment, improvement, and/or advancement of the safety profession in the Columbia-Willamette Chapter geographical area including Mt. St. Helen's and Santiam sections.

Eligibility: To constitute nominee eligibility, all of the following criteria must be met:

- Professional Member, Member, or Associate Member of the Society
- Member of the Columbia-Willamette Chapter
- Employed full time in the safety and health profession
- Not a SPY award recipient in the past five years

Additional Criteria: Nomination should be based primarily on the nominee's activity over the past 5 years, with special emphasis on the more recent activities. Professional achievement and contributions in the following categories will be considered.

- ASSP and or Chapter involvement
- Professional employment
- Community and public service
- Educational institutions
- Regulatory agency and technical organization
- Other pertinent achievement and contribution

Achievement and contributions in the above categories include, but are not limited to, exemplary leadership, technical proficiency, professional mentoring, lectures/presentations, publications, program development, innovations, and other related activities.

Nomination Form: To receive a nomination form, please contact Barbara Aguon at **503-720-1153** or email barbara.aguon@portlandoregon.gov

The nomination form must be completed in its entirety. Additional comments must be limited to two pages.

UPCOMING EVENTS

Associated General Contractors - Oregon Columbia Chapter

agc-oregon.org

- March 11 - [Mental Health Awareness & Suicide Prevention in the Construction Industry: Part 2](#)

Upcoming Chapter Meetings

- March 9 - Santiam Section Meeting | [Workplace Safety & Security](#)
- March 11 - Chapter Meeting | [Earthquake Science and Technology: Early Warning Systems and Detection](#)
- March 18 - Mt. St. Helens Section Meeting | [START Program](#)
- April 8 - Chapter Meeting | Topic TBD
- April 13 - Santiam Section Meeting | [Off-site Factory Tour – Jason Luty / Mountain House](#)
- April 15 - Mt. St. Helens Section Meeting | Topic TBD

Construction Safety Summit

The 4th Tuesday of each month | www.constructionsafetysummit.com

- March 23 - [Fall Protection Updates](#)
- April 27 - [Panel Discussion - Managing the Gray](#)

ASSP RESPONDS TO COVID-19

COVID-19 Education and Resources

- ASSP President's message: [Building Toward Herd Immunity](#)
- Visit [our library](#) of COVID-19 webinars.
- Learn return to work strategies on [our podcast](#) with ASSP President-Elect Deb Roy. For a list of recent podcasts: <https://www.assp.org/resources/covid-19/podcasts>
- Connect with peers in the [ASSP Community](#) to ask questions and share COVID-19 resources.

- Please visit [our website](#) regularly for new information

MENTAL HEALTH RESOURCES

LINES FOR LIFE | BEHIND THE LINES

We Care About Your Health

It's normal to feel anxiety and uncertainty about a widespread health concern in our community like COVID-19, and to be upset or anxious about changes and interruptions to everyday life.

All of our crisis lines are operating as usual, and seeking support over the phone is a great way to practice social distancing.

If you or a loved one are experiencing a mental health crisis,

- call the Lifeline at 1-800-273-8255

If you are 55 or older and feeling isolated or just want to have a friendly conversation,

- call the Senior Loneliness Line at 503-200-1633

If you are 21 or younger and want support for any problem, big or small,

- call YouthLine at 1-877-968-8491 or text teen2teen to 839863

Taking Care During Crisis

It's important to manage anxiety, cope with uncertainty, and stay grounded in truth as the situation unfolds. Here are some tips for taking care during this difficult time:

- 7 Science-Based Strategies to Help Cope with Coronavirus Anxiety
- CDC Tips for Mental Health and Coping During COVID-19 (includes a section for parents about how to support children)
- Reach out to your mental health provider(s) or call our lines for extra support.

Finding Reliable Information

Keep in mind that limiting information-seeking may be beneficial to your mental health.

- Consult trusted sources for the best information - we recommend our partners
 - Oregon Health Authority
 - Centers for Disease Control
- Avoid sensational news reports.

JOB OPENINGS



Statewide Health Enforcement Manager

Department of Consumer and Business Services | Salem, OR

As the Statewide Health Enforcement Manager, you will direct and manage the day-to-day activities of Oregon OSHA health enforcement staff. You will also formulate and recommend changes in policies, procedures or program directives impacting the enforcement program.

Safety Professional

Independent Contractor | Various Locations

In need of safety professionals familiar with the Life Safety Code requirements for nursing homes to conduct LSC surveys. Will work as an independent contractor on a federal contract. Full or part time. Please send your qualifications and/or questions to John Spath CSP(ret) at aqcspath@msn.com

EHS Specialist

Empower Associates | Forest Grove, OR

Our client is a growing and stable chemical manufacturing company, located in Forest Grove, OR, is seeking an EHS Specialist to join their team on a direct hire basis. We

have worked with them for over 7 years, and everyone we have placed there is enjoying a fulfilling career with advancement and opportunity. This EHS Specialist position offers a supportive and productive work environment, great benefits, fair pay, and healthy work-life balance. They focus on safety and expanding the knowledge of the employee's duties and how the plant operates.

Safety Officer

City of Vancouver | Vancouver, WA

Under the direction of the Risk and Safety Manager, lead, manage, develop and implement comprehensive safety and health programs for City employees. Interpret complex state and federal safety laws and policies. Interact with management and employees in City departments, and act as a technical advisor on safety issues.

Is your company looking for a qualified Safety Professional? Contact Aubrey Sakaguchi, ASP by [email](#), by phone at (503) 673-5356, or by fax at (503) 584-9698 to have your opening posted here.

CONGRATULATIONS!



Congratulations to Steve Frost, Howard S. Wright, on receiving the [Hard Hat Safety Award](#).

Steve Frost, site safety, health and environmental manager, Howard S. Wright, a Balfour Beatty Company. "Steve is not only a great safety leader but ... an industry leader in addressing the suicide epidemic facing the building industry," according to his nomination.

Did you recently achieve a new certification? Do you know of someone who deserves recognition? Send us an [email](#).

CONFERENCES

2021 Puget Sound ASSP Professional Development Conference

May 6, 2021 | Virtual Event

In terms of logistics, all 2020 PDC registrations will be rolled over to the 2022 PDC in Ellensburg and everyone who was registered for the 2020 event will receive complimentary admission to the 2021 Virtual PDC.

Call For Speakers - The 2021 PDC is currently accepting applications for presentations. [Download a PDF application - Click Here](#). (To request a copy in word, e-mail safety@pugetsoundpdc.com)

[To register by mail or fax, download a PDF Registration Form - Click Here](#)

Group Discounts - Additional discounts are available for Groups of 4+ attendees, Save \$100, email safety@pugetsoundpdc.com for more details.

If you have any questions on the Puget Sound ASSP PDC, you can e-mail us at safety@pugetsoundpdc.com, fill out the [contact form on our website](#), or call Erika May directly at 661.472.6591.

Northwest Safety & Health Summit by Region X VPPPA

May 18-20, 2021 | Boise, ID

Mark your calendar for the next Northwest Safety & Health Summit on **May 18-20, 2021**, at the Three Rivers Convention Center in Kennewick, Washington.

WELCOME - NEW & RETURNING MEMBERS!

The word "welcome" is written in a large, elegant, cursive script. The letters are dark gray and have a slightly textured, hand-drawn appearance. The 'w' and 'e' are particularly large and flowing, with the 'l' and 'c' also being prominent. The overall style is warm and personal.

Need to renew your membership?

Click to view a [video](#) on how to renew on the new ASSP website or [here](#) to be taken to the renewal page.

SHARE THE VALUE OF AN ASSP MEMBERSHIP

ASSP Member-Get-A-Member Program

Do you have friends, colleagues and associates who would find value in ASSP membership? Tell them about ASSP by using our [Refer-A-Friend e-mail tool](#). Simply address and send the ready-made e-mail message below.

The more of your friends who join, the more you get rewarded:

	REFER 3	REFER 5	REFER 10
FREE On-Demand Webinar	X	X	X
FREE 1-Year Membership Extension		X	X
FREE Polo Shirt & FREE ASSP Course			X

Grand Prize Drawing**: For every new paid member you sponsor from January to December, you will receive an entry in our grand prize drawing for a trip to ASSP's annual professional development conference. This reward includes:

- Full conference registration
- 3 nights hotel accommodations at an ASSP conference hotel
- \$250 AMEX card to use for expenses

**Grand prize not to exceed \$2,000 US. Group memberships excluded. ASSP course not to exceed \$350.

E-mail your friends and colleagues now!

[Refer A Friend Today](#)

LOG-IN TO ASSP COMMUNITIES



Members from around the world are logging into the ASSP Community and starting to generate discussions on a variety of OSH-related topics. ASSP Community allows you to establish yourself as a digital thought leader at a society-wide level. This is your opportunity to share relevant content to the safety community, participate in groups within your interests and industry, and grow your connections. Log in today and join the conversation!

To log-in:

1. Log-in with your ASSP website username and password
2. Upload a profile picture so other safety professionals know who you are.
3. Check that all the information is current on your profile and update it as needed.
4. Visit the How to Use ASSP Community for helpful tips and tutorials.



If you do not wish to receive these emails, please [click here](#) to unsubscribe from ASSP Columbia-Willamette Chapter messages.

American Society of Safety Professionals | 520 N. Northwest Highway, Park Ridge, IL 60068