COLUMBIA-WILLAMETTE CHAPTER

# **April Newsletter**

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# CHAPTER MEETING | NO-COST WEBINAR

## NURSES GO HOLLYWOOD DURING COVID-19 April 8, 2021 | 11:30am - 1:00PM



#### Lauren Danahy, RN, BS, MBA, CCM, LNCC, CCHP Disability & Catastrophic Nurse Case Manager and Legal Nurse Consultant

### Beth Harrelson Allen, BSN, RN

### **Topic: Nurses Go Hollywood During Covid-19**

The Covid-19 pandemic shook up work places and roles in many ways that we've never experienced before. During this time, it was critical to remain flexible and open to new opportunities and be open to new experiences. Ms. Harrelson-Allen and Ms. Danahy are RNs who were approached for a unique opportunity during the Covid-19 to assist on Hollywood productions utilizing their robust Health & Safety backgrounds. Join this session to learn more about how they applied their 55 years of combined nursing experience in this unique role.

#### How to Register:

You are invited to a Zoom meeting. When: April 8, 2021 at 11:30 AM Pacific Time (US and Canada)

Register in advance for this webinar: <u>https://zoom.us/meeting/register/tJIqcOquqzorEtSziSjRyVq7flxVWcn3ipW8</u>

After registering, you will receive a confirmation email containing information about joining the meeting.

## **MORE INFORMATION**

# INTERMEDIATE FALL PROTECTION PDC

## 3M Presenting Intermediate Fall Protection Awareness for Safety Professionals, Superintendents, Managers, and Supervisors.

1 hr. online presentation May 5<sup>th</sup>, 2021 11am-12pm Intermediate Fall Protection awareness

#### **Course Description**

Informative training with a focus on best practices in fall protection and the need to protect workers at height. Attendees are introduced to the legislation governing fall protection, as well as the components of a fall protection system system—including body support, anchorages, connectors and rescue. The attendees will be challenged to identify correct and incorrect situations. Attendees will leave with a better understanding that fall protection is a complete system and not just individual components.

Attendees will complete and pass a post lecture quiz to prove knowledge retention.

For More information and to register visit: <u>https://cwc.assp.org/events/intermediate-fall-protection-pdc/</u>

# **PRESIDENT'S LETTER**



I'm currently reading, or rather, listening to, Simon Sinek's book <u>The Infinite Game</u>. I'm coming to understand better the difference between the "finite game" and the "infinite game." There are winners and losers in the finite game, and people or organizations win at all costs. The infinite game, though, is one where the principles of the players better define success. The finite game has destroyed people and organizations. Even ultimate winners eventually succumb to what outwardly looks to

be success but is actually mismanagement.

Although there is pressure for us, the safety professional, to provide our organizations' success by reducing or mitigating harm to employees, our underlying principle is to provide support and helping the organization make good decisions that will benefit it in the long term. Yes, there have been those in our profession that have tarnished our name by under-reporting or dismissing employees' safety concerns, but the whole is greater than the outliers. We understand that doing the right thing, even at the cost of

others' pressures or perceptions, will ultimately result in safety for employees and stronger organizations.

Keep the good fight, my friends. What we do is essential.

All the Best,

Mark Frisco, CSP, President ASSP CWC

# **COMMUNITY AFFAIRS**

Although many of us are still working remotely and meeting virtually for our Columbia-Willamette Chapter meetings, we wanted to encourage you to participate in a very worthy event. The statewide effort to clean up Oregon runs from April 10<sup>th</sup> through April 25<sup>th</sup>. Formerly known as the Spring Oregon Beach Cleanup (since 1986) and SOLVE IT for Earth Day (started in 1990), SOLVE is excited to launch a brand-new statewide event this April called the **Oregon Spring Cleanup**. There are literally dozens of opportunities to participate in for all abilities. Whether you want to stay in your community, drive to the coast, or explore an area of our great state you have never seen before, they have you covered. For more information and to register for events, please visit their website at

<u>SOLVE | Spring Cleanup (solveoregon.org)</u>. I would love to share pics of you cleaning up Oregon and highlight them in the May newsletter. Please send them directly to me, Paula Jones at <u>paujon@saif.com</u>.



Since we are not able to gather as a group, we hope you will consider involving your close family members and dare to make a difference. It is so rewarding and fun. GET OUTSIDE and Carpe Diem!

# NOMINATIONS/ELECTIONS COMMITTEE

For more information visit: <u>https://cwc.assp.org/2020/10/2020-2021-assp-cwc-nominations-elections-committee/</u>

## **PROFESSIONAL MEMBERSHIP DUES GRANT**

With COVID-19 continuing to effect our families and careers the chapter wanted to put together the opportunity to support our members with their membership dues. There are 2 avenues to take for hardship assistance. We ask that you first try Society's option and if that does not provide the resources needed please then fill out our Chapters Application.

- 1. Fill out Society's Hardship Application
  - 1. The Society offers a year's complimentary membership during a member's unemployment that comes with all the benefits ASSP membership provides.
- 2. If Society is unable to provide funding fill out the Chapters Grant Application for Dues Assistance
  - The chapter has set aside an amount in the budget to help cover the baseline membership dues. Please fill out the <u>grant application</u>, if needed, and return to <u>sponsorship@cwc.asse.org</u>

## 2021 SPY AWARD

## 2021 "SPY" AWARD CHAPTER SAFETY PROFESSIONAL OF THE YEAR

The comittee will be reviewing applications and making a decision soon.

A winner will be announced at next month's chapter meeting.

# **UPCOMING EVENTS**

## **Upcoming Chapter Meetings**

- April 8 Chapter Meeting | <u>Nurses Go Hollywood During Covid-19</u>
- April 13 Santiam Section Meeting | <u>Off-site Factory Tour Jason Luty / Mountain</u> House
- April 15 Mt. St. Helens Section Meeting | Ionizing Radiation
- May 11 Santiam Section Meeting | <u>Got Respirators? Brandi S. Davis MS, CIH,</u> <u>CSP</u>
- May 13 Chapter Meeting | Remote Program Management and Auditing
- May 20 Mt. St. Helens Section Meeting | TBD

## **Construction Safety Summit**

The 4th Tuesday of each month | www.constructionsafetysummit.com

- April 27 Panel Discussion Managing the Gray
- May 25 Silica Update/Refresh

# **ASSP RESPONDS TO COVID-19**

#### **COVID-19 Education and Resources**

- ASSP President's message: <u>Diversity, Equity and Inclusion</u>
- Visit our library of COVID-19 webinars.
- Learn return to work strategies on <u>our podcast</u> with ASSP President-Elect Deb Roy. For a list of recent podcasts: <u>https://www.assp.org/resources/covid-19/podcasts</u>
- Connect with peers in the <u>ASSP Community</u> to ask questions and share COVID-19 resources.
- Please visit our website regularly for new information

# MENTAL HEALTH RESOURCES

## LINES FOR LIFE | BEHIND THE LINES

## We Care About Your Health

It's normal to feel anxiety and uncertainty about a widespread health concern in our community like COVID-19, and to be upset or anxious about changes and interruptions to everyday life.

All of our crisis lines are operating as usual, and seeking support over the phone is a great way to practice social distancing.

If you or a loved one are experiencing a mental health crisis,

• call the Lifeline at 1-800-273-8255

# If you are 55 or older and feeling isolated or just want to have a friendly conversation,

• call the Senior Loneliness Line at 503-200-1633

### If you are 21 or younger and want support for any problem, big or small,

• call YouthLine at 1-877-968-8491 or text teen2teen to 839863

## **Taking Care During Crisis**

It's important to manage anxiety, cope with uncertainty, and stay grounded in truth as the situation unfolds. Here are some tips for taking care during this difficult time:

- 7 Science-Based Strategies to Help Cope with Coronavirus Anxiety
- CDC Tips for Mental Health and Coping During COVID-19 (includes a section for parents about how to support children)
- Reach out to your mental health provider(s) or call our lines for extra support.

## Finding Reliable Information

Keep in mind that limiting information-seeking may be beneficial to your mental health.

- Consult trusted sources for the best information we recommend our partners
  - Oregon Health Authority
  - Centers for Disease Control
- Avoid sensational news reports.

## **JOB OPENINGS**



#### **Risk Manager/Administrator**

4J School District | Eugene, OR

The Safety Officer and Risk Manager/Administrator is responsible for managing all insurance and safety issues that may expose the District to litigation or insurance claims, including and not limited to identifying, evaluating, controlling and minimizing the District's exposure to loss or damage to physical assets, fidelity losses, and losses arising out of liability claims.

#### Safety Professional

Independent Contractor | Various Locations

In need of safety professionals familiar with the Life Safety Code requirements for nursing homes to conduct LSC surveys. Will work as an independent contractor on a federal contract. Full or part time. Please send your qualifications and/or questions to John Spath CSP(ret) at acceptath@msn.com

Is your company looking for a qualified Safety Professional? Contact Aubrey Sakaguchi, ASP by <u>email</u>, by phone at **(503) 673-5356**, or by fax at **(503) 584-9698** to have your opening posted here.

# **CONGRATULATIONS!**

Did you recently achieve a new certification? Do you know of someone who deserves recognition? Send us an email.

# CONFERENCES

### 2021 Puget Sound ASSP Professional Development Conference May 6, 2021 | Virtual Event

In terms of logistics, all 2020 PDC registrations will be rolled over to the 2022 PDC in Ellensburg and everyone who was registered for the 2020 event will receive complimentary admission to the 2021 Virtual PDC.

**Call For Speakers** - The 2021 PDC is currently accepting applications for presentations. <u>Download a PDF application - Click Here</u>. (To request a copy in word, e-mail <u>safety@pugetsoundpdc.com</u>)

To register by mail or fax, download a PDF Registration Form - Click Here

Group Discounts - Additional discounts are available for Groups of 4+ attendees, Save \$100, email <u>safety@pugetsoundpdc.com</u> for more details.

If you have any questions on the Puget Sound ASSP PDC, you can e-mail us at <u>safety@pugetsoundpdc.com</u>, fill out the <u>contact form on our website</u>, or call Erika May directly at 661.472.6591.

### Northwest Safety & Health Summit by Region X VPPPA May 18-20, 2021 | Boise, ID

Mark your calendar for the next Northwest Safety & Health Summit on **May 18-20, 2021**, at the Three Rivers Convention Center in Kennewick, Washington.

WELCOME - NEW & RETURNING MEMBERS!

welcome

#### Need to renew your membership?

Click to view a video on how to renew on the new ASSP website or here to be taken to the renewal page.

# SHARE THE VALUE OF AN ASSP MEMBERSHIP

# ASSP Member-Get-A-Member Program

Do you have friends, colleagues and associates who would find value in ASSP membership? Tell them about ASSP by using our <u>Refer-A-Friend e-mail tool</u>. Simply address and send the ready-made e-mail message below.

	REFER 3	REFER 5	REFER
FREE On-Domand Webinar	×	x	×
FREE 1-Year Membership Extension		x	x
FREE Polo Shirt & FREE ASSP Course			x

#### The more of your friends who join, the more you get rewarded:

Grand Prize Drawing\*\*: For every new paid member you sponsor from January to December, you will receive an entry in our grand prize drawing for a trip to ASSP's annual professional development conference. This reward includes:

- Full conference registration
- 3 nights hotel accommodations at an ASSP conference hotel
- \$250 AMEX card to use for expenses

\*\*Grand prize not to exceed \$2,000 US. Group memberships excluded. ASSP course not to exceed \$350.

E-mail your friends and colleagues now!

**Refer A Friend Today** 

# LOG-IN TO ASSP COMMUNITIES



Members from around the world are logging into the ASSP Community and starting to generate discussions on a variety of OSH-related topics. ASSP Community allows you to establish yourself as a digital thought leader at a society-wide level. This is your opportunity to share relevant content to the safety community, participate in groups within your interests and industry, and grow your connections. Log in today and join the conversation!

#### To log-in:

- 1. Log-in with your ASSP website username and password
- 2. Upload a profile picture so other safety professionals know who you are.
- 3. Check that all the information is current on your profile and update it as needed.
- 4. Visit the How to Use ASSP Community for helpful tips and tutorials.



If you do not wish to receive these emails, please <u>click here</u> to unsubscribe from ASSP Columbia-Willamette Chapter messages.

American Society of Safety Professionals | 520 N. Northwest Highway, Park Ridge, IL 60068