



COLUMBIA-WILLAMETTE
CHAPTER

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LETTER FROM THE PRESIDENT

Welcome to the 2021-2022 chapter year of the Columbia Willamette Chapter of the American Society of Safety Professionals!

To kick off this year, Michael Wood, Oregon OSHA Administrator, will present his annual Oregon OSHA update virtually. We hope to see you on Thursday, September 9, 2021.

I am hopeful you were able to take time this summer to rejuvenate and spend time with those you love. As we walk into another fall that feels more complicated than what we would have preferred, we remind ourselves that this chapter is here to support each other. Our 2021-22 [Columbia Willamette Chapter Board](#), including our [Santiam](#) and [St. Helen's](#) Section Chairs, have been busy planning opportunities to continue to be a



successful and active chapter. We are eager to welcome everyone back.

During our July Planning Meeting, we identified three important Chapter goals for this year which include:

1. Further partnerships with outside organizations
2. Improve continuity of information and experience-sharing while continuing to share best practices and technical knowledge
3. Prioritize recruiting future safety leaders and newer safety folks as we create opportunities for those who may not previously have felt included or represented in our safety community

We need people like you to help us get reach these ambitious goals. If any of these speak to you please reach out to me or any of our board members.

I know that many of us have had losses and suffered in both our personal and professional lives. It can be so hard to move forward. As President, my goal this year is to continue to strengthen this chapter as in all years' past, while we build and further a professional community that is mindful, respectful and supportive of each other.

Thank you for your continued support of our Columbia-Willamette Chapter. While we miss not seeing you in person in the near term, we hope you continue to join us virtually until that time we can safely be together in person.

All the best,
Dede Montgomery, CIH, President ASSP CWC

SEPTEMBER 2021 CHAPTER MEETING

SEPTMBER 2021 OREGON OSHA UPDATE
with Michael Wood
September 9, 2021 | 11:30am - 1:00PM

**Topic: Oregon OSHA Update**

In what has become an annual event, Oregon OSHA's administrator – Michael Wood, gives an update of recent, current and future regulatory events and happenings in Oregon. For Oregon safety professionals, it is the “State of the State Safety Programs” address. He will be talking about both federal and state activities as they relate to occupational safety and health.

HOW TO REGISTER:

You are invited to a Zoom meeting.

When: Sept. 9, 2021 11:30 AM Pacific Time (US and Canada)

Register in advance for this meeting:

<https://us06web.zoom.us/join/zoom/register/tZcsc-2uqjggE9SI9bwJuKezEq4zJwUI3zK>

After registering, you will receive a confirmation email containing information about joining the meeting.

Speaker Bio:

Michael Wood, CSP became the administrator of the Occupational Safety and Health Division of the Oregon Department of Consumer Services (Oregon OSHA) in September of 2005. Prior to taking on that responsibility, he was employed by the state of Washington for more than 21 years. After three years working for the Washington State Legislature, Wood worked for the Washington Department of Labor and Industries in a number of capacities, including more than a decade as the Senior Program Manager of WISHA Policy & Technical Services and eight months as the Acting Assistant Director for WISHA Services. He also spent four months

administering the Washington Self Insurance Program. Wood is a Certified Safety Professional and a graduate of Gonzaga University in Spokane, Washington.

SEPTEMBER SECTION MEETINGS:

SANTIAM

The Santiam Section, chaired by Jason Luty, is continuing to meet virtually at this time for monthly and board meetings. Learn more on the [Santiam Chapter webpage](#) or by [email](#).

MT. ST. HELENS

Mt. St. Helens Section: This section will be meeting virtually until January 2022 via Zoom. Learn more by connecting with Section Chair [Dave McNiel](#) or [MSHS Secretary](#), or by visiting MSHS webpage. <https://cwc.assp.org/mt-st-helens-section/>.

STUDENT SECTION AT OSU

We welcome student members back to school and look forward to connecting this year. Learn more about the Student Section at Oregon State University by visiting its [webpage](#) or reaching out to its [adviser](#).

JUDY WEST - GONE BUT NOT FORGOTTEN



Judy West & Jimmy Gibbons
2019 President Award Winners

It is with deep sorrow that we share news about the passing of our valued member and dear friend, Judy West. Judy was an active member of the Columbia Willamette Chapter for more

than 15 years and worked for Clean Water Services for more than two decades. She was known for her welcoming spirit and kind nature to everyone she came in contact with.

After serving as chapter secretary, Judy sought out other active volunteer positions, helping out with membership, community engagement, public relations, and marketing, even before we became active on social media. Many of us remember Judy's promotion of ASSP membership actively at numerous Oregon safety and health conferences, including GOSH.

Judy also helped with membership recruitment at several conferences including GOSH. She helped to select our booth location right by registration to get high traffic and also coordinated with Society to get giveaways and merchandise. Judy also had an amazing memory and served as the board's informal historian to help answer questions. Judy was also helpful with new presidents lead meetings. All of this information she not only shared with me but for my first few years was able to meet with me, counsel with me, and help educate me to becoming a value member of ASSP. I am thankful I got to know and work with Judy and most of all to be her friend ~Jimmy Gibbons

I guess you could call Judy the mother of Occupational Safety and Health, she put her heart and soul into the COSHA conference as well as the GOSH conference....Through the almost 30 years there has been a safety and health conference in Central Oregon, many of the faces on the COSHA planning committee come and go, but not Judy. She became the old friend with new ideas. The smile, sense of humor and her vast knowledge of safety and health was Judy. I/we will sorely miss her, and rest assured, Heaven is a little safer right now ~Luke Betts

I think of Judy as serving the safety profession and Columbia-Willamette ASSP Chapter for longer than anyone I know. She was always willing to pick up and follow through on all of the little details that so many of us neglected to do. She made many of us look good ~ Bruce Hollcroft

So many of us have stories about this dear friend and colleague. We share our thoughts and condolences with her family.

CONFERENCES: GROW YOUR NETWORK



CENTER OREGON OCCUPATIONAL SAFETY & HEALTH CONFERENCE

September 27 - 28, 2021 | Bend, Oregon
The Riverhouse on the Deschutes

This conference is a joint event between Central Oregon Safety and Health Association and OR OSHA. Help your organization improve workplace safety and health performance. Topics include information for all experience levels.

Registration is Open!



SOUTHERN OREGON SAFETY & HEALTH CONFERENCE Interactive & Live Virtual Event

October 19 - 21, 2021

Sponsored by ASSP Southern Oregon Chapter and Oregon OSHA

This conference will be held online in a convenient and affordable format. The event will be held online a convenient and affordable format.

- Professional Development Workshop
- Safety Committee 101 & 201
- Hazard Investigation
- Leadership Failures
- Networking Opportunities

Registration is Open!

WESTERN PULP, PAPER & FOREST PRODUCTS SAFETY & HEALTH CONFERENCE

November 30 - Dec 3, 2021 | Portland
Red Lion Hotel on the River - Jantzen Beach



Registration Opens in October - Save the Date!

WORK - LIFE CHALLENGES AND INTEGRATION IN THE CONTEXT OF COVID
Fall Symposium

Friday - November 19, 2021

9 am - 2:30 pm

Virtual / Online Webinar

Low Cost: \$20

Sponsored by the Oregon Institute of Occupational Health Sciences, Oregon
Healthy Workforce Center **and** Portland State University Occupational Health
Psychology Program

Registration is Open!

EVENTS & OPPORTUNITIES

Silica Competent Person Training

September 14, 2021

9:00 am - 3:00 pm

Register [https://cwc.assp.org/events/assp-santiam-section-silica-competent-person-training](https://cwc.assp.org/events/assp-santiam-section-silica-competent-person-training/#tkt-slctr-tbl-5131)
[/tkt-slctr-tbl-5131](https://cwc.assp.org/events/assp-santiam-section-silica-competent-person-training/#tkt-slctr-tbl-5131)

Join the Santiam Section of the ASSP for a 1 day work shop.

Training includes Silica Competent Person certification. Access to multiple Safety

Professionals and Certified Industrial Hygienist to answer questions and discuss the application of the Silica rules in the real world.

Fit Testing examples and roundtable discussion for practical applications of Silica rules along with questions and answer time.

Cost to Attend: \$140.00 (Breakfast & Lunch included)

Where:

Broadway Commons (Mongolia Room-305)
1300 Broadway St. NE Salem OR. 97301

Construction Safety Summit

September 28: Mental Health / Suicide Prevention

October 26: Advanced Level Fall Protection

GET THE MOST OUT OF YOUR ASSP MEMBERSHIP!

If you aren't able to virtually or in person attend [Safety 2021](#) next week, did you know about the other educational opportunities available through ASSP?

Once you login to the website, visit the [Education webpage](#) and look for the Education Calendar, On Demand Annual Pass, and Certificate Program. Please share what you learned in class or session that you find particularly helpful. Building a body of knowledge is an ongoing process that will keep you sharp and ready to be the best safety and health professional possible.

JOB OPENINGS



Is your company looking for a qualified Safety Professional? Contact Aubrey Sakaguchi, ASP by [email](#), by phone at **(503) 673-5356**, or by fax at **(503) 584-9698** to have your opening posted here.

MENTAL HEALTH RESOURCES

LINES FOR LIFE | BEHIND THE LINES

We Care About Your Health

It's normal to feel anxiety and uncertainty about a widespread health concern in our community like COVID-19, and to be upset or anxious about changes and interruptions to everyday life.

All of our crisis lines are operating as usual, and seeking support over the phone is a great way to practice social distancing.

If you or a loved one are experiencing a mental health crisis,

- call the Lifeline at 1-800-273-8255

If you are 55 or older and feeling isolated or just want to have a friendly conversation,

- call the Senior Loneliness Line at 503-200-1633

If you are 21 or younger and want support for any problem, big or small,

- call YouthLine at 1-877-968-8491 or text teen2teen to 839863

Taking Care During Crisis

It's important to manage anxiety, cope with uncertainty, and stay grounded in truth as the situation unfolds. Here are some tips for taking care during this difficult time:

- 7 Science-Based Strategies to Help Cope with Coronavirus Anxiety
- CDC Tips for Mental Health and Coping During COVID-19 (includes a section for parents about how to support children)
- Reach out to your mental health provider(s) or call our lines for extra support.

Finding Reliable Information

Keep in mind that limiting information-seeking may be beneficial to your mental health.

- Consult trusted sources for the best information - we recommend our partners
 - Oregon Health Authority
 - Centers for Disease Control
- Avoid sensational news reports.

WELCOME - NEW & RETURNING MEMBERS!



Need to renew your membership?

Click to view a [video](#) on how to renew on the new ASSP website or [here](#) to be taken to the renewal page.

Working together for a safer, stronger future



If you do not wish to receive these emails, please [click here](#)
to unsubscribe from ASSP Columbia-Willamette Chapter messages.

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