



COLUMBIA-WILLAMETTE
CHAPTER

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LETTER FROM THE PRESIDENT

We hope you join us this month on **Thursday, February 17th** for our joint meeting with the Portland RIMS (Risk Management Society) chapter. We will hear from panelists and discuss diversity, equity and inclusion. Please register here: <https://cwc.assp.org/events/assp-rims-february-chapter-meeting/>

Several Columbia-Willamette ASSP board members joined me and members of the Oregon State University Student Section virtually last month. It was wonderful to meet these students who are our future safety and health professionals. One thing we committed to was to assist them in creating an inventory of local and regional organizations interested in taking on an intern. All masters students in the Public Health program must complete a 6-10 week (at least 200 hours) internship prior to graduating. We were reminded that those who complete OSU's MPH in Environmental and Occupational Health have the opportunity to receive their Graduate Safety Professional credential (GSP) following graduation, which launches them directly eligible for a CSP after they gain experience. If you know of possible opportunities, please contact president-elect@cwc.assp.org.

Sincerely,
Dede Montgomery
President, ASSP CWC



FEBRUARY MEMBERSHIP MEETING

ASSP CWC February Membership Meeting | No-Cost webinar
February 17, 2022 | 11:30 am - 1:00 pm

Topic: Diversity, Equity, and Inclusion: The Evolving Landscape

Join us on Thursday, February 17 from 11:00 AM to 1:00 PM via Zoom, with the technical program beginning at 11:30 AM. Please note that this date (third Thursday) is different than our standard second Thursday chapter meeting because we are joining Portland RIMS (Risk Management Society) for our annual joint meeting.

Columbia-Willamette Chapter will hold our bimonthly *New Member Meet and Greet* at 1:00 pm, immediately following the conclusion of the technical meeting. New members and board members are invited to join us for this informal discussion.

Contact president@cw.cassp.org to receive the Zoom link.

[Download flier](#) for technical meeting.

Zoom meeting opens at 11:00 AM, technical program begins at 11:30 AM.

Register at: https://us02web.zoom.us/meeting/register/tZUpcOGvrTwjGtS9_AmMITw7FoQ1IErlxDdu

Other Section Meetings

Santiam section

Next Meeting: February 8, 2022

7:10 am – 8:30 am (new start time)

Topic: Oregon OSHA's Most Cited Violations & Regulatory Rule Update / Bryon Snapp, Oregon OSHA

To get the Zoom link, email santiamsection@cw.cassp.org

Mt. St. Helen's Chapter

Next meeting: February 18, 2022 / 7:30 am - 9:30 am

- A. Actively discuss and provide input on issues/topics to the Board of Directors and co-create quarterly meeting agendas.
 - B. Bring forward annual activities under ASSP's business planning process.
 - C. Cascade information to members. The Board of Directors will use this information to inform ASSP's strategic direction, including our strategic plan. The strategic plan guides the annual plan of work and the allocation of financial resources and human capital. The strategic plan and annual plan of work are measured by key performance indicators reported by the Board of Directors to membership in an annual report each year to ensure transparency and accountability to ASSP membership.
- https://www.assp.org/docs/default-source/default-document-library/assp_governance_final_0122_updated.pdf?sfvrsn=eeab9047_0

Voting item #2

Motion: The House of Delegates authorizes the Board of Directors to sell the existing headquarters building at 520 N. Northwest Highway, Park Ridge, Illinois, and to lease alternative office space to meet the needs of ASSP operations.

"ASSP has received an unsolicited offer of \$4.4 million to buy the Park Ridge, IL, headquarters building it owns. The Board of Directors has evaluated this offer and believes it is in ASSP's best interests to accept the offer and to lease alternative office space to meet ASSP's business needs. However, under current Society bylaws, the House of Delegates (HOD) has the authority to enter into real estate transactions. As a result, the Board of Directors is requesting that the HOD grant that authority to the board."

https://www.assp.org/docs/default-source/default-document-library/assp_realestate_final_01229571f8a2d30c682b82ddff00008da7ce.pdf?sfvrsn=a37d9047_0

Join us at the March meeting to receive an update from our House of Delegates about the vote and look to your inbox for your ballot to share your voice.

OSHA 10 & CSP STUDY GROUP

CWC members continue to provide OSHA 10 training under a partnership with a local school district. Recently some members have expressed an interest of increasing opportunities to provide the OSHA 10 to other CTE and youth partnerships and to potentially partner with O[yes] to do so. If you are interested in volunteering your time to discuss this virtually sometime in April, please contact president@cwc.assp.org

If you are you studying for the CSP and would like to join forces with others to form or be part of a study circle, please email resident-elect@cwc.assp.org

SAFETY PROFESSIONAL OF THE YEAR AWARD

The Columbia-Willamette Chapter honors a member each year with its Chapter Safety Professional of the Year (SPY) award.

- Learn more about and download the application. (<https://cwc.assp.org/2021/12/safety-professional-of-the-year-spy/>) The deadline is March 28, 2022.

Learn more about the Region SPY award here https://www.assp.org/docs/default-source/community-leader-resources/chapter-documents/assp_region_spy_packet.pdf?sfvrsn=0

This application is due by the end of February.

OREGON YOUNG EMPLOYEE SAFETY CONTEST

The deadline for submissions is 5pm on Friday, February 18, 2022.

High school students across Oregon are invited to create a 30-90 second video or a graphic design piece to promote young worker safety and health.

The tagline this year is: "Work. It can be more dangerous than you think." and the theme is "Young Worker Mental Well Being." A 1st, 2nd and 3rd place will be awarded in each category – video and graphic design and schools or sanctioned clubs of the 1st place winners will also receive a matching prize.

Please help us spread the word about the contest to any high school students, teachers or staff you may know.

Learn more about the contest at: <https://youngemployeesafety.org/contest/>.

The ASSP Columbia Willamette Chapter has supported and been a sponsor of this contest for many years.

LATEST JOB OPENINGS

Check out job openings on our website:

<https://cwc.assp.org/current-openings/>

Is your company looking for a qualified Safety Professional?

Contact Aubrey Sakaguchi, ASP by [email](#), phone **(503) 673-5356** or fax **(503) 584-9698** to have your opening posted here.

MENTAL HEALTH RESOURCES

LINES FOR LIFE | BEHIND THE LINES

We Care About Your Health

It's normal to feel anxiety and uncertainty about a widespread health concern in our community like COVID-19, and to be upset or anxious about changes and interruptions to everyday life.

All of our crisis lines are operating as usual, and seeking support over the phone is a great way to practice social distancing.

If you or a loved one are experiencing a mental health crisis,

- call the Lifeline at 1-800-273-8255

If you are 55 or older and feeling isolated or just want to have a friendly conversation,

- call the Senior Loneliness Line at 503-200-1633

If you are 21 or younger and want support for any problem, big or small,

- call YouthLine at 1-877-968-8491 or text teen2teen to 839863

Taking Care During Crisis

It's important to manage anxiety, cope with uncertainty, and stay grounded in truth as the situation unfolds. Here are some tips for taking care during this difficult time:

- 7 Science-Based Strategies to Help Cope with Coronavirus Anxiety
- CDC Tips for Mental Health and Coping During COVID-19 (includes a section for parents about how to support children)
- Reach out to your mental health provider(s) or call our lines for extra support.

Finding Reliable Information

Keep in mind that limiting information-seeking may be beneficial to your mental health.

- Consult trusted sources for the best information - we recommend our partners
 - Oregon Health Authority

- Centers for Disease Control
- Avoid sensational news reports.

WELCOME - NEW & RETURNING MEMBERS!

ASSP Member-Get-A-Member Program: Refer members and get rewards!

For details go to: <https://www.assp.org/membership/member-get-a-member>

Need to renew your membership?

Click to view a [video](#) on how to renew on the new ASSP website or [here](#) to be taken to the renewal page.

Working together for a safer, stronger future



If you do not wish to receive these emails, please [click here](#) to unsubscribe from ASSP Columbia-Willamette Chapter messages.

American Society of Safety Professionals | 520 N. Northwest Highway, Park Ridge, IL 60068