



COLUMBIA-WILLAMETTE
CHAPTER

HAPPY EARTH DAY



April Newsletter

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LETTER FROM THE PRESIDENT

Thank you for supporting our Columbia Willamette Chapter by voting in our 2022-23 election. Special thanks to members who were nominated - I can't wait to see the terrific things you will accomplish.

Please join us this Thursday April 14th for our 2022 joint meeting with the Oregon State Association of Occupational Health Nurses and special presentation by Deborah Roy.

Our chapter will hold an in-person gathering at the Officer Installation Banquet on Friday evening, June 3rd at Top Golf in Hillsboro. We will open registration soon so stay tuned. This is the first in-person meeting we've had since 2020 - it will be so great to everyone's faces!

Sincerely,
Dede Montgomery
President, ASSP CWC



APRIL MEMBERSHIP MEETING

ASSP CWC April Membership Meeting | No-Cost webinar
April 14, 2022 | 11:30 am - 1:00 pm

EVOLVING YOUR OSH PRACTICE AND YOUR PROFESSION
with ASSP past president
Deborah Roy, M.P.H., RN, COHN-S, CSP, CIT, FASSP, FASOHN



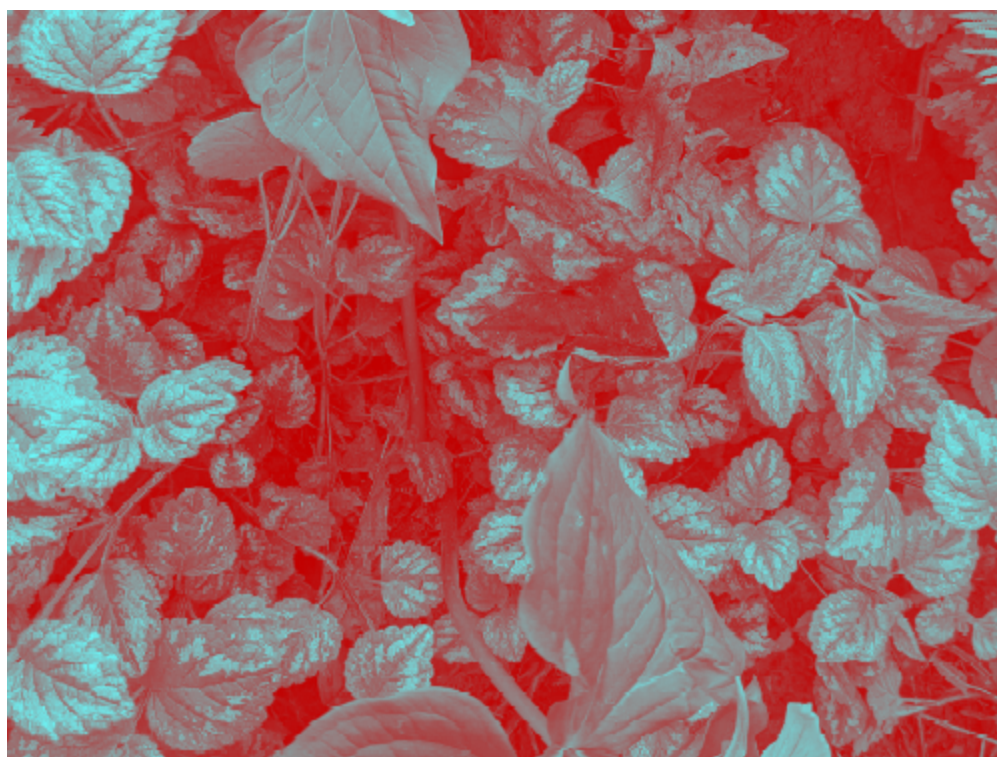
Description

Our Occupational Safety and Health (OSH) profession has evolved over time and is now in a period of rapid change.

Objectives:

- Describe why regulatory compliance is not enough to prevent worker injury and illness.
- Discuss the evolution of the OSH profession from compliance to a more comprehensive approach such as Total Worker Health.
- Identify three benefits to expanding knowledge of new safety and health concepts.

Register: <https://cwc.assp.org/events/assp-april-chapter-meeting-no-cost-webinar/>



OTHER SECTION MEETINGS

Santiam section

Next Meeting: April 12, 2022 at 7:10 am – 8:30 am (***HYBRID Meeting***)

Topic: “Indoor Air Quality – Mold Remediation”

Description:

This class introduces the science of mold and explores the potentially harmful effects of mold on building materials and occupants. Participants will learn how

mold grows, how it spreads and what actions should be taken to remove mold in a safe and reasonable manner. Procedures such as containment, negative air and the proper use of personal protective equipment are also discussed.

Where:

In Person — Comfort Suites, 630 Hawthorne Ave. SE, Salem OR 97301

VIRTUAL — ZOOM

Request the presentation Zoom link here = santiamsection@cwcc.assp.org

Presenter:

Gerrit Wood, Servicemaster of Salem

Mount St Helens section (MSHS)

Meeting Details: **April 15th, 7:30 am - 9 am**

Speaker: Karen Anderson, Industrial Hygienist, L&I

Topic: Ionizing Radiation

What is Ionizing Radiation? Good question and exactly what Karen is going to discuss during her presentation. Participants will learn of the many types of ionizing radiation and health affects each has if exposure has gone unnoticed or uncorrected.

Karen's work history includes IH work for an environmental engineering company, a petroleum company, and a compliance inspector and consultant for L&I. Her education includes a B.S. in Dietetics and Masters of Industrial Safety with a concentration in industrial hygiene.

Join Zoom Meeting

<https://us02web.zoom.us/j/89969383125?pwd=ZklMS1BTbE5PWmNMUIhKR1RETCTVQT09>

Meeting ID: 899 6938 3125 Passcode: 591154

One tap mobile +12532158782,,89969383125#,,, *591154# US (Tacoma)

Dial by your location +1 253 215 8782 US (Tacoma)

OSU student section

Learn more about the student section at Oregon State University by visiting the [webpage](#) or reaching out to its [adviser](#).

PACIFIC NORTHWEST SAFETY SYMPOSIUM



Pacific Northwest Safety Symposium

May 12, 2022

Central Washington University
Ellensburg, WA

Sponsored by Northwest ASSP Chapters and CWU ASSP Student Section

Register: <https://pugetsound.assp.org/events/pacific-northwest-safety-symposium/>

ASSP VOTES TO DISSOLVE HOUSE OF DELEGATES & SELL PROPERTY



VOTING UPDATE

Both Motions Passed!

Motion 1: Real Estate Transaction Authority

The House of Delegates authorizes the Board of Directors to sell the existing headquarters building at 520 N. Northwest Highway, Park Ridge, Illinois, and to lease alternative office space to meet the needs of ASSP operations

Motion 2: Governance Change (Dissolving the House of Delegates Position)

The House of Delegates approves the revised ASSP bylaws, ASSP Revised Bylaws January 28, 2022, enacting the governance changes approved by the Board of Directors.

WE WORKED WITH SOLVE TO PULLY OUT INVASIVE IVY



Earth Day Work Party Was A Success

Our small group of intrepid safety volunteers joined SOLVE Oregon at the Sahallie Illahee Park in West Linn <https://westlinnoregon.gov/parksrec/sahallie-illahee-park> to pull ivy and invasive blackberries for 3 hours!

SIGN UP FOR a SOLVE event on May 7th - lunch is served. There is an opportunity for everyone! [SOLVE](#) | [SOLVE Volunteer Calendar \(solveoregon.org\)](#)

April 23 is the Spring Beach Clean-up is a fun event. There is an opportunity for everyone! [SOLVE](#) | [SOLVE Volunteer Calendar \(solveoregon.org\)](#)

REGION 1 AND CIG SPY AWARDS FROM OREGON

Each year each ASSP Region selects a Regional Safety Professional of the Year. (Our Chapter SPY will be announced at our June 3 Officer Installation.) This year Oregon Chapters were well represented with three SPY awards as announced at last week's ROC Meeting: one Regional (OR, WA, CA, HI, AK) and two Common Interest Groups awards. We congratulate:

Region 1 Safety Professional of the Year

Dede Montgomery, MS, CIH, Columbia Willamette Chapter

WISE Safety Professional of the Year

Sarah Cipriano, ARM, SPHR, Broken Top Chapter

Hispanic (HSP) Safety Professional of the Year

Naomi Hernandez, ASP, Cascade Chapter

We congratulate these fellow Chapter and Oregon Chapter members!

LATEST JOB OPENINGS



Check out job openings on our website:

<https://cwc.assp.org/current-openings/>

Is your company looking for a qualified Safety Professional?
Contact Aubrey Sakaguchi, ASP by [email](#), phone **(503) 673-5356** or fax
(503) 584-9698 to have your opening posted here.

MENTAL HEALTH RESOURCES

LINES FOR LIFE | BEHIND THE LINES

We Care About Your Health

It's normal to feel anxiety and uncertainty about a widespread health concern in our community like COVID-19, and to be upset or anxious about changes and interruptions to everyday life.

All of our crisis lines are operating as usual, and seeking support over the phone is a great way to practice social distancing.

If you or a loved one are experiencing a mental health crisis,

- call the Lifeline at 1-800-273-8255

If you are 55 or older and feeling isolated or just want to have a friendly conversation,

- call the Senior Loneliness Line at 503-200-1633

If you are 21 or younger and want support for any problem, big or small,

- call YouthLine at 1-877-968-8491 or text teen2teen to 839863

Taking Care During Crisis

It's important to manage anxiety, cope with uncertainty, and stay grounded in truth as the situation unfolds. Here are some tips for taking care during this difficult time:

- 7 Science-Based Strategies to Help Cope with Coronavirus Anxiety
- CDC Tips for Mental Health and Coping During COVID-19 (includes a section for parents about how to support children)

- Reach out to your mental health provider(s) or call our lines for extra support.

Finding Reliable Information

Keep in mind that limiting information-seeking may be beneficial to your mental health.

- Consult trusted sources for the best information - we recommend our partners
 - Oregon Health Authority
 - Centers for Disease Control
- Avoid sensational news reports.

WELCOME - NEW & RETURNING MEMBERS!

ASSP Member-Get-A-Member Program: Refer members and get rewards!

For details go to: <https://www.assp.org/membership/member-get-a-member>

Need to renew your membership?

Click to view a [video](#) on how to renew on the new ASSP website or [here](#) to be taken to the renewal page.

Working together for a safer, stronger future



If you do not wish to receive these emails, please [click here](#)
to unsubscribe from ASSP Columbia-Willamette Chapter messages.

American Society of Safety Professionals | 520 N. Northwest Highway, Park Ridge, IL 60068