



COLUMBIA-WILLAMETTE  
CHAPTER

## OCTOBER 2023 NEWSLETTER



- [Letter From The President](#)
- [Chapter Reaches Platinum Status](#)
- [Upcoming Safety Conferences](#)
- [Student Scholarships Available](#)
- [Member Spotlight: Chris Gates](#)
- [September Membership Meeting Recap](#)
- [Upcoming October 12th Meeting](#)
- [Professional Development Opportunity](#)
- [Community Events: Chelsea's Closet Fundraiser](#)
- [Member Benefits](#)
- [Construction Safety Summit Events](#)
- [Mental Health Matters](#)

### Letter From the President

Hello Columbia-Willamette Chapter Members,

It is an honor to be here serving as your 2023-24 chapter president. As a long time ASSP member, I have attended meetings and had the pleasure of attending the GOSH conference. When I was asked to step up and serve on the executive board I was intimidated because the team was seemingly flawless. I was also concerned because I knew my work schedule and family commitments didn't allow for much extra time.

However I have always found great value and purpose in volunteering. I agreed to shadow the e-board for a year, joined a committee and eventually ran for president. That experience showed me first hand what makes our group so successful - teamwork.

If you have ever thought about stepping up your leadership skills - running for office or volunteering to be on a committee is a great way to do that. Our team has each other's back and are invested in the success of the whole chapter.

The networking that happens when you get involved is phenomenal. I've had the opportunity to travel, present at GOSH and other chapter meetings in Oregon and other states. I have met with and learned from safety professionals who are dedicated to making ASSP the best it can be for its membership.

I am excited for this opportunity and for what is to come this year. I encourage you to attend the chapter meetings, get to know the executive board and other members. There are a lot of great people out there doing wonderful things to keep people safe and for that I thank you for what you do.

Sincerely,  
Steven Frost



**Chapter Reaches Platinum Status**



Our chapter is now at **Platinum Status** for 2022-2023! This was achieved by completing community outreach, education and professional development for our members. Our chapter has received this coveted recognition nine years in a row!

**Congratulations and thank you to the executive board and chapter membership for your hard work!**



## Upcoming Safety Conferences

**Southern Oregon Occupational Safety & Health Conference**  
October 17-19, 2023 | Ashland Hills Hotel | Ashland, OR  
[register here](#)



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**Oregon OSHA's third annual  
Spanish-Language Conference**

[Seguridad y salud laboral y sus derechos en el trabajo](#)  
[\(Safety, Health & Your Rights at Work\)](#)

8:30 am - 3:30 pm | Tuesday, Oct. 17

[register here](#)

## Conferencia sobre seguridad y salud laboral ofrecida por Oregon OSHA

COMPLETAMENTE EN ESPAÑOL



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## Northwest Occupational Health Conference (NOHC)

[Olympia Hotel](#) | October 18 - 20, 2023

Hosted by [Puget Sound Association of Professionals in Infection Prevention Control and Epidemiology \(PS APIC\) Chapter](#) and [Pacific Northwest Section of American Industrial Hygiene Association \(PNS-AIHA\)](#)

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## ASSP Leadership Training

November 2, 2023 | [register online here](#)



AMERICAN SOCIETY OF  
SAFETY PROFESSIONALS

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## Western Pulp, Paper & Forest Products Safety & Health Conference

November 28 - December 1, 2023 | Portland, Oregon

[register here](#)

*Partners in Safety – Steering Toward the Future*



For a full list of conferences check out the OR-OSHA list [here](#).

## Student Scholarships Available



Students are critical to the future of the Safety, Health and Environment profession. Our chapter has continued to award scholarships to qualifying students who are attending universities and community colleges in Oregon and Washington.

For more information check out the [application](#) here. Scholarships include:

- ASSP Columbia-Willamette Chapter Leadership Award (\$750)
- Walter G. Thorsell Memorial Scholarship (\$1,000)

## Member Spotlight - Chris Gates



See the full interview on our [website](#).

## September Membership Meeting Recap



Renée Stapleton - Administrator, [Oregon OSHA](#), gave an update on upcoming federal and state legislative updates. Check out the [power point slides](#) to see the presentation. Below are pictures from the meeting.



From top left: Chapter President Steve Frost, Renee Stapleton & Steve Frost  
Bottom picture: OR-OSHA Administrator Renee Stapleton, Chapter Vice President Nichole Guilfooy & Chapter President Steve Frost.

## Upcoming October 12th Meeting

**Location:** [Brix Tavern](#) | **Time:** 11:30 am - 1 pm

**Topic:** [Collaborating for Cardiovascular Safety and Health](#)



**American  
Heart  
Association®**

**Presenter**

**Avery Dukes, Community Impact Director**

[American Heart Association Oregon and SW Washington](#)



- Cardiovascular health for worker safety is a critical aspect of occupational health and safety management.
- Ensuring that employees have good heart health not only promotes their well-being but also contributes to a safer and more productive work environment.
- In this discussion we will share some considerations for cardiovascular health in the context of worker safety and explore resources and best practices for collaborating for worker safety and health.

## PROFESSIONAL DEVELOPMENT OPPORTUNITY

SAVE THE DATE!

### Forklift Train-the-Trainer Certification

Presented by: [D2000 Safety](#)

**Date:** Wednesday, December 6<sup>th</sup>, 2023 | Time: 8-hour course

**Fee:** \$295 | Capacity: 25 attendees

- Lunch and light breakfast refreshments will be provided
- This certification will address both OR and WA powered industrial truck standards.
- D2000 will also be offering an optional virtual training session for telehandler safety shortly after the forklift certification course, for an additional fee of \$145/attendee.

Registration opening soon!



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**Free Suicide Prevention Training  
Question, Persuade Refer (QPR)**

October 25 | 9-10:30 am PST

The Construction Suicide Prevention Partnership (CSPP) offers a monthly, virtual QPR training that is tailored specifically for the construction industry.

Register [here](#)



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## Free Spanish Latinx QPR Community Training Suicide Prevention



Led by Jennifer Camerena, this training is designed for providers and community members in Oregon who wish to develop their [Hispanic/Latinx cultural awareness](#).

[October 26 | 5 pm](#)  
[November 8 | 12 pm](#)

## Community Events - Chelsea's Closet Fundraiser



Our first community service event for 2023-24 is a benefit event for the [Chelsea Hicks Foundation](#).

Chelsea's Closet is a rolling dress-up closet that provides monthly dress-up parties for seriously ill children in children's hospitals.

The children have an opportunity to select a complete new costume of their choice with accessories. A party/fun event is hosted with a parade around the ward to show off the costumes.

Chelsea's Closet provides hope and healing to seriously ill children from all 36 Oregon counties reaching more than 2,300 children and their families each year.

The Chelsea Hicks Foundation is a 501(c)3 organization, and your gifts are fully tax deductible.

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## Donations Welcome

### [Give money online](#)

and/or

### Donate in-person

- Donate money at the next October Membership Meeting
  - Bring new costumes / accessories to October meeting
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## Wish List

New Costumes

### **0 - 6 mo costumes:**

- Any style, especially "body sacks" that easily fit on their legs and with a diaper.

### **2T – 3T Princess and Superhero**

- Cinderella, Bat Girl, Wonder Woman etc.

### **2T – 3T, 3T – 4T and 4-6**

- Dinosaur, Ninja or Superhero

### **Teen Onesie zip up front pajamas - all sizes**

- Anything silly like cow, panda, unicorn, minecraft, pokemon, harry potter, etc.
- Onesie/union suits are found in the pajama sections of Walmart, Target and Fred Meyer.

New Accessories

- Ninja kits
- Cozy blankets
- Silly adult size slippers (for teens - they love fun slippers)

- Girls Legos
- Teen color books
- Fidget spinners
- Spoke lights or spoke beads (for wheelchairs wheels-easiest to find as *bicycle wheel decorations*)
- Playing cards especially uno, skip bo, monopoly, phase, Farkle etc.\_

## Member Benefits



## Career Opportunities

Time to make a change or find new talent?

Check out the [ASSP Job Board](#)

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## Grants to Support Your Professional Growth

ASSP Foundation Professional Education Grant Program

[Apply Today](#)

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