



COLUMBIA-WILLAMETTE  
CHAPTER

## OCTOBER 2024 NEWSLETTER



- [Letter from the President](#)
- [Safety & Civility @ Work - November Meeting Registration Now Open!](#)
- [Community Services Update](#)
- [Free Access to all ASSP Communities!](#)
- [2024-24 Student Scholarships Available](#)
- [Fall Professional Development Course](#)
- [Upcoming Professional Learning Opportunities](#)
- [Safety Professional of the Year \(SPY\) Award](#)
- [GOSH Conference Award Nominations Open!](#)
- [Member Spotlight](#)
- [September & October Meeting Highlights](#)
- [Job Postings](#)
- [Annual Member Survey](#)
- [Member Bennies](#)
- [Mental Health Matters](#)

## Letter from the President

Hello ASSP Columbia Willamette Chapter Members,

Wow, how time flies! Here we are, kicking off another year, and I couldn't be more excited to support our chapter as the chapter's new President.

Before we dive into what's ahead, I'd like to take a moment to celebrate a fantastic achievement - our chapter has received [Platinum status for the 2023-2024 year!](#) 🎉 Huge congratulations to Past President Steven Frost and the entire leadership team for their tremendous joint effort in making this possible. This recognition is a testament to the hard work and dedication of our members.

Nichole Guilfooy, our President-Elect, and I just returned from the [Fall 2024 Region 1 ASSP ROC meeting](#), where we had the pleasure of connecting with Presidents from the California, Oregon, Washington, Alaska, and Hawaii chapters. The energy was incredible, and we came back buzzing with new ideas and strategies to enhance the value of your ASSP membership.



From left: Nichole Guilfooy, President-Elect and Brittany Johnston, President

---

**This year, we have three main goals for our chapter:**

1. **Host a successful [GOSH conference in March 2025](#):** We're already off to a strong start with planning. This event is crucial for funding our chapter and student section operations for the next two years.
- 

2. **Increase recognition of our members' achievements:** We want to celebrate your accomplishments, certifications, awards, projects, and all the fantastic work you're doing in the safety and health industry. To kick things off, we're sending out a [member survey](#) to gather your feedback on how we can provide more value to you. Please take a few moments to share your thoughts and help us recognize and celebrate the great work happening in our chapter.
- 

3. **Support our student section at Oregon State University:** We're committed to fostering the next generation of safety professionals and have some exciting plans to engage and support our students. We're planning a visit to our Oregon State student section later this month. We're thrilled to cover the cost of their first year of ASSP membership as an incentive to get them started. We'll continue to support their efforts, including inviting them to volunteer and attend sessions at the GOSH conference. We're also exploring mentorship opportunities for our students with chapter members. If you're interested in getting involved, please reach out!

I'm excited for this upcoming term and look forward to serving our passionate community of safety and health professionals alongside our dedicated leadership team!

Best regards,

Brittany Johnston

President, ASSP Columbia Willamette Chapter

**Safety & Civility @ Work  
November Meeting Registration Now Open!**

**November 14 | 11:30 am - 1:00pm | [Brix Tavern](#)  
[Register Now!](#)**

**Don't miss this important joint meeting with the [Associated General Contractors \(AGC\), Oregon Columbia Chapter!](#)**

***Civility at Work: How Low-Level Bad Behaviors Impact Safety***

presented by Kimberly Gamble, CHST, ASP

This one-hour presentation will introduce the attendees to Incivility, how it causes harm to individuals and our organizations, and negatively impacts workplace safety. We will review an accidental case study demonstrating the impact of bad behavior on safety, and introduce psycho-social risk factors and psychological safety.



Kimberly Gamble has over 30 years of experience in the construction industry. From 1994 to 2020, she was the Corporate Safety & Health Director at Andersen Construction. In 2020, she became the DEIB Director, focusing on physical and psychological safety.

Currently, Kimberly is a Senior Safety Consultant for GEW-llc, working with OHSU on a Respectful Workplace Portal and teaching construction safety at PCC.

She holds an AAS in Occupational Environmental Safety and Health and a BAS in Business Management. Kimberly has served on various safety committees and task forces, including the American Society of Safety Professionals' 2023 DEI Summit.

Kimberly has received numerous awards, including the ASSP President's Award and the Charles V Culbertson Outstanding Volunteer Award in 2023, and has been recognized as a Women of Influence Honoree by the Portland Business Journal and the Oregon Daily Journal of Commerce.

**Registration closes November 7<sup>th</sup>**

## Community Services Update

### Chelsea's Closet Donation QR code



- We have several exciting community service opportunities this Fall season! At our October chapter meeting, we collected children's costumes and monetary donations for the Chelsea Hicks Foundation.
- Didn't make the meeting? Hit that QR Code to make donations online.
- Looking ahead to November, we're promoting a community service event hosted by Fulcrum Fitness to support the Oregon Food Bank. Learn more about both opportunities here: [CWC Community Service Opportunities – ASSP Columbia Willamette Chapter](#)

## Free Access to all ASSP Communities!

All ASSP members now have FREE access to join all **Practice Specialties** and **Common Interest Groups**. This means more opportunities for updates, trainings, webinars, and free CEU opportunities. Be sure to sign up for these communities to take full advantage of these benefits.

There is a [slight increase in ASSP membership fees](#) at the society level, which will be tiered over three years.

## 2024-25 Student Scholarships Available

Our chapter awards two scholarships directly:

- [ASSP Columbia-Willamette Chapter Leadership Award](#) (\$750)
- [Walter G. Thorsell Memorial Scholarship](#) (\$1,000)

One scholarship through the ASSP Foundation:

- [ASSP Foundation Academic Scholarship](#) (\$1,500)

The application period for all scholarships is October 15<sup>th</sup> through February 15<sup>th</sup>. We look forward to reviewing applications and supporting students of EHS!

## **Fall Professional Development Course (PDC)**

Join us for this virtual session provided by ASSP Columbia-Willamette Chapter to learn about Or-OSHA's new penalties structure for violations of workplace safety and health rules. Oregon OSHA works with employers and workers to provide information on best practices, compliance, and education to address our requirements and avoid penalties. CEU's will be offered to participants of this course. [Stay tuned for scheduling information](#). We look forward to seeing you there!

**Date: TBA**

**Cost: Free!**

## **Upcoming Professional Learning Opportunities**

### **2024 Conferences**

[Southern Oregon Occupational Safety & Health Conference](#)

October 15-17, 2024 | Ashland, Oregon





---

[Virtual ASSP Safety Focus online courses](#)

October 21-25, 2024 | Virtual



**SafetyFOCUS**  
Immersive Education for Safety Professionals

---

[Safety, Health, and Your Rights at Work](#)

(The 4<sup>th</sup> annual conference for Spanish-speaking workers)

**November 5, 2024 | Hillsboro, Oregon**



---

[Western, Pulp, Paper, and Forest Products Safety & Health Conference](#)



December 3-6, 2024 | Portland, Oregon



---

### 2025 Conferences

#### [Mid-Oregon Construction Safety Summit](#)

January 27-28, 2025 | Bend, Oregon



#### [GOSH Conference](#)

March 3-6, 2025 | Portland, Oregon

**Safety Professional of the Year (SPY) Award**



Each year, the ASSP Columbia-Willamette Chapter proudly honors one of our outstanding members with the prestigious **Safety Professional of the Year, or “SPY” award**. This accolade celebrates a member’s exceptional professional contributions and leadership in the workplace, ASSP, and in the community.

Do you know someone who lives and breathes safety, and tirelessly promotes the core values of injury and illness prevention?

**Nominate them for this incredible honor!**

[More details about the award can be found on our website.](#)

Don't miss out—**applications are due by March 28, 2025**. You can easily submit your nomination through our Chapter website. Let's celebrate those who make safety a way of life! All Columbia Willamette Chapter, Mt St Helens Section, and Santiam Section members are eligible!

**GOSH Conference Nominations Open!**

# Oregon Governor's Occupational Safety & Health Conference

Award nominations are now being accepted for individuals and organizations who make extraordinary contributions to workplace safety and health.



## AWARD CATEGORIES

- Workplace Safety Program
- Association (must have members)
- Labor Representative (union or nonunion)
- Innovation
- Safety Committee or Safety/Health/Wellness Team
- Safety/Health/Wellness Advocate
- Safety and Health Professional
- Rising Safety Star
- Business Leader

## NOMINATION DEADLINE



**October 25, 2024**

[oregongosh.com/honor](http://oregongosh.com/honor)

March 3-6, 2025, Oregon Convention Center — Portland

GOSH is a joint effort of ASSP, Columbia-Willamette Chapter, and Oregon OSHA, a division of DCBS.

**Nominate an organization or individual who makes extraordinary contributions to workplace safety and health in the Pacific Northwest. Small, mid-size and large employers encouraged to apply.**

Categories include:

- **Safety Committee or Safety/Health/ Total Worker Health Team**
- 

- **Safety/Health or Wellness Advocate and Labor Representative (union and non-union):** for individuals whose primary job responsibilities are NOT safety, health, and/or wellness, yet they've made a significant contribution to the field of occupational safety, health, and/or wellness.
- 

- **Safety & Health Professional:** for an individual whose primary job responsibilities are safety and health. Individuals do not need to possess professional credentials.
-

- **Innovation:** This award recognizes the employee or team who creates an idea, a product, or a concept that promotes a safer workplace.
- 

- **Rising Star:** for a safety and health professional with less than five years of experience in safety and health and is blazing a path in the profession. This award is intended for an individual whose primary job responsibilities are safety and health.
- 

**Deadline: October 25, 2024**

[Nominate Now!](#)

## Member Spotlight

Introducing our Membership Committee Co-Chairs, Jared Hartrampf and Nick Curcio! As newer members of ASSP, both Jared and Nick were enthusiastic about stepping into leadership roles. We are thrilled to welcome them to the team.

[Check out the full interview with Jared and Nick here](#)



Nick Curcio



Jared Hartrampf

## September & October Meeting Highlights

**September Meeting w/ Oregon OSHA Administrator, Renee Stapleton.**

Renee gave us valuable updates on recent Oregon OSHA activities and regulatory changes. She highlighted key initiatives aimed at improving workplace safety and shared important updates on rulemaking efforts and enforcement priorities. Her presentation was informative and offered a great opportunity for members to stay up to date on evolving safety standards.



From left: Brittany Johnston, Chapter President, Or-OSHA Administrator Renee Stapleton, Chapter President Elect Nichole Guilfooy and Vice President Kyle DeHart

---

### **October Meeting w/ DEQ's Officer of Compliance & Enforcement's Becka Puskas and Sarah Wheeler**

Becka and Sarah talked about navigating the DEQ enforcement process, offering practical advice on responding to enforcement actions and avoiding common pitfalls. They shared information about DEQ's Technical Assistance team, one of the agency's resources available to assist with regulatory requirements. Their presentation gave members a clearer understanding of how to maintain compliance in their operations.



From left: Kyle Dehart, Brittany Johnston, Becka & Sarah

**Job Postings**

Check out local and regional [job postings](#).



## Annual Member Survey

### Annual Member Survey -- We Want to Hear from You!

Please take a few moments to complete our [Annual Member Survey](#). Your responses will guide us in shaping future events, meetings, and initiatives.

Your feedback is essential to helping us improve our Chapter programs and ensure we're meeting the needs of our members.

Thank you for being a part of our community and for helping us make it even better!"

## Member Bennies

Thinking about joining the illustrious American Society of Safety Professionals (ASSP)? Benefits include.....

### Career Development Grant \$\$

The ASSP Foundation has grant money for students and professionals who need financial support for certification expenses, conference attendance, webinar attendance, and similar professional development support. College courses are not covered. Applications accepted year-round, with awards made on a rolling basis, based on availability. [Apply Now!](#)

### Free Webinar

Oct. 24: [Emerging Technologies in Safety: Adoption Trends & Effects on Workplace Safety](#)

### Member Get A Member

The more members you recruit, the more awards you can earn such as free dues renewal if two of your referrals become full members in February or March. [Refer a future member today.](#)



AMERICAN SOCIETY OF  
**SAFETY PROFESSIONALS**  
FOUNDATION

## Mental Health Matters

### [988 Lifeline Chat and Text](#)

988 Lifeline Chat and Text is a service of the 988 Suicide & Crisis Lifeline (formerly known as the National Suicide Prevention Lifeline), connecting individuals with crisis counselors for emotional support and other services via web chat or texting 988.



---

### [Get Trained To Help](#) (GTTH)

GTTH is a collaboration between Clackamas, Multnomah and Washington counties to provide a spectrum of mental health and suicide prevention trainings for individuals and organizations across the tri-county region.



**Working together for a safer, stronger future**



If you do not wish to receive these emails, please [click here](#) to unsubscribe from ASSP Columbia-Willamette Chapter messages.



American Society of Safety Professionals | 520 N. Northwest Highway, Park Ridge, IL 60068